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Contents

- Education
- Work and Careers
- 4 Environment
- Technology
- Health
- Globalization
- 6 Media and Advertising
- Society
- Culture and Tradition
- Travel and Tourism
- 8 Language and Communication
- 8 Cities and Urban Life
- Science and Innovation
- Government and Law

1. Education

- 1. Broaden one's academic horizons Expand learning experiences
- 2. Pursue tertiary education Study at university or college
- 3. Acquire critical thinking skills Learn to analyse information
- 4. Attain academic excellence Achieve top results in school
- 5. Participate in lifelong learning Keep learning throughout life
- 6. Access quality education Have good learning opportunities
- 7. Bridge the education gap Reduce learning inequality
- 8. Foster independent learning Encourage self-directed study
- 9. Enhance academic achievement Improve learning outcomes
- 10. Be enrolled in a prestigious institution Study at a respected school

2. Work and Careers

- 1. Climb the corporate ladder Get promoted in a company
- 2. Maximise career potential Fully develop your job opportunities
- 3. Develop transferable skills Gain skills useful in any job
- 4. Take on new responsibilities Accept more work or duties
- 5. Balance personal and professional life Manage work and home well
- 6. Engage in professional development Join training to grow at work
- 7. Receive a competitive salary Get good pay for your role
- 8. Build a strong professional network Connect with people in your field
- 9. Seek better job prospects Look for better job opportunities
- 10. Handle workplace pressure Cope with stress at work

3. Environment

- 1. Promote environmental sustainability Support long-term ecological health
- 2. Adopt eco-friendly practices Use methods that don't harm nature
- 3. Reduce one's carbon footprint Use less energy or resources
- 4. Support renewable energy initiatives Help green energy projects grow
- 5. Tackle environmental degradation Fight the destruction of nature
- 6. Implement green policies Enforce eco-conscious rules
- 7. Offset carbon emissions Compensate for pollution caused
- 8. Conserve natural resources Use water, forests, etc., carefully
- 9. Raise ecological awareness Help people understand environmental issues
- 10. Contribute to climate resilience Help nature adapt to climate change

4. Technology

- 1. Revolutionise communication methods Change how we interact
- 2. Embrace digital transformation Accept new digital systems
- 3. Enhance technological literacy Improve ability to use tech
- 4. Integrate technology into education Use tech in teaching
- 5. Keep pace with innovation Stay up-to-date with new ideas
- 6. Exploit technological advancements Use new tech to improve things
- 7. Ensure data privacy and security Keep information safe
- 8. Be exposed to digital risks Face dangers online
- 9. Rely heavily on automation Depend on machines or software
- 10. Facilitate remote collaboration Help people work together online

5. Health

- 1. Promote a well-balanced lifestyle Support healthy daily habits
- 2. Suffer from chronic illnesses Have long-term health problems
- 3. Seek medical attention Visit a doctor for help
- 4. Alleviate physical or mental stress Reduce health-related pressure
- 5. Encourage preventive healthcare Promote ways to avoid illness
- 6. Provide universal health coverage Give healthcare to all citizens
- 7. Access mental health support Get help for emotional issues
- 8. Lead a sedentary lifestyle Sit too much or lack exercise
- 9. Undergo medical treatment Get professional health care
- 10. Combat lifestyle-related diseases Fight illness caused by bad habits

6. Globalisation

- 1. Foster global cooperation Encourage countries to work together
- 2. Benefit from cross-cultural exchange Gain from interacting with other cultures
- 3. Expand multinational operations Grow global businesses
- 4. Face cultural homogenisation Lose local identity to global culture
- 5. Create economic interdependence Make countries rely on each other
- 6. Lose national identity Let go of unique cultural traits
- 7. Compete in a global market Fight for customers worldwide
- 8. Access international markets Reach buyers in other countries
- 9. Promote cross-border investment Support money flow between nations
- 10. Experience cultural convergence Cultures becoming more similar

7. Media and Advertising

- 1. Influence consumer behaviour Change how people buy things
- Disseminate biased information Spread unfair or one-sided news
- 3. Shape public perception Change how society views something
- 4. Launch persuasive ad campaigns Start strong advertisements
- 5. Regulate digital advertising Control ads online
- 6. Promote brand awareness Make people know a product
- 7. Exaggerate product benefits Say something is better than it is
- 8. Expose audiences to stereotypes Show unfair generalisations
- 9. Generate online engagement Get likes, shares, or comments
- 10. Spread sensationalist news Share shocking, dramatic stories

8. Society

- 1. Address social inequality Deal with unfair differences
- 2. Be marginalised by society Be excluded or overlooked
- 3. Strengthen community ties Make neighbourhoods more united
- 4. Implement social welfare programs Start help for poor or unemployed
- 5. Ensure equal opportunities Give everyone a fair chance
- 6. Bridge the social divide Reduce the gap between rich and poor
- 7. Combat anti-social behaviour Stop harmful public actions
- 8. Raise awareness of social issues Teach others about problems
- 9. Foster a sense of belonging Help people feel included
- 10. Reduce the wealth gap Narrow income differences

9. Culture and Tradition

- 1. Safeguard intangible heritage Protect traditions and customs
- 2. Pass down cultural values Share beliefs through generations
- 3. Celebrate national identity Honour what makes a country unique
- 4. Embrace cultural diversity Accept different traditions
- 5. Maintain cultural continuity Keep old traditions alive
- 6. Adapt to modern influences Change traditions slightly over time
- 7. Challenge traditional norms Question old customs
- 8. Promote cultural awareness Help people understand each other
- 9. Respect long-standing customs Honour old practices
- 10. Reconnect with one's roots Return to one's cultural background

10. Travel and Tourism

- 1. Encourage cultural immersion Help tourists experience local life
- 2. Boost tourism revenue Increase money from visitors
- 3. Preserve historical landmarks Keep old buildings safe
- 4. Cater to tourists' needs Provide what travellers want
- 5. Promote responsible tourism Travel in an eco-friendly way
- 6. Damage fragile ecosystems Harm nature in sensitive areas
- 7. Expand the tourism sector Grow the travel industry
- 8. Offer authentic travel experiences Provide real cultural visits
- 9. Depend on seasonal tourism Rely on peak travel times
- 10. Generate employment through tourism Create jobs via travel

11. Language and Communication

- 1. Master a foreign language Learn another language fluently
- 2. Bridge the communication gap Overcome misunderstandings
- 3. Misinterpret cultural nuances Get cultural meanings wrong
- 4. Enhance verbal fluency Speak more clearly and quickly
- 5. Be proficient in multiple languages Speak several languages well
- Develop intercultural competence Communicate across cultures
- 7. Convey ideas effectively Express thoughts clearly
- 8. Engage in meaningful dialogue Have deep, valuable conversations
- 9. Experience language attrition Slowly forget a language
- 10. Strengthen interpersonal communication Improve talking with others

12. Cities and Urban Life

- 1. Experience rapid urban expansion Cities grow fast
- 2. Face housing shortages Not enough homes
- 3. Suffer from urban sprawl City spreads out too much
- 4. Improve urban infrastructure Make roads and transport better
- 5. Tackle public transport inefficiencies Fix problems in buses/trains
- 6. Address rising living costs Deal with high prices
- 7. Enhance urban livability Make cities nicer to live in
- 8. Reduce inner-city crime Lower crime in city centres
- 9. Cope with overcrowded cities Manage too many people
- 10. Promote mixed-use development Combine housing, shops, and workspaces

13. Science and Innovation

- 1. Drive technological breakthroughs Lead big new inventions
- 2. Pursue scientific discovery Search for new knowledge
- 3. Apply innovative techniques Use creative new methods
- 4. Allocate funding for research Give money to science
- 5. Spark scientific curiosity Inspire interest in science
- 6. Engage in evidence-based research Use data and proof
- 7. Raise ethical concerns Create moral questions
- 8. Encourage STEM education Support science learning
- 9. Support cutting-edge research Help the most advanced studies
- 10. Translate theory into practice Use ideas in real life

14. Government and Law

- 1. Uphold the rule of law Respect the legal system
- 2. Introduce stringent legislation Create strict new laws
- 3. Reform outdated policies Change old or unfair rules
- 4. Enforce legal compliance Make sure laws are followed
- 5. Allocate government funding Give public money for a purpose
- 6. Address public grievances Respond to people's complaints
- 7. Ensure transparent governance Make government open and honest
- 8. Curb political corruption Reduce dishonest politics
- 9. Exercise regulatory authority Use power to control activities
- 10. Protect civil liberties Defend people's rights and freedoms

